



School Program Guide for Grades K-12

2	Team-Building Program (Gr. 2 & up)	Initiatives Low Ropes Climbing Wall...
3	Phys Ed. Program	Archery Climbing Wall Sports Low Ropes...
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5	Mixed Program	Design your own trip!
6	Extended Day Program (Gr. 6 & up)	Stay for a beach cookout & campfire!
7	Helpful Information	What to bring etc.

In this guide you will find:

- Program descriptions and sample schedules
- Connections between our programs and the Ontario Curriculum
- What we provide for your trip
- What to bring for your trip
- How to book your trip
- Contact information

\$27
/Student

Team-Building Program

For Grades 2 & up

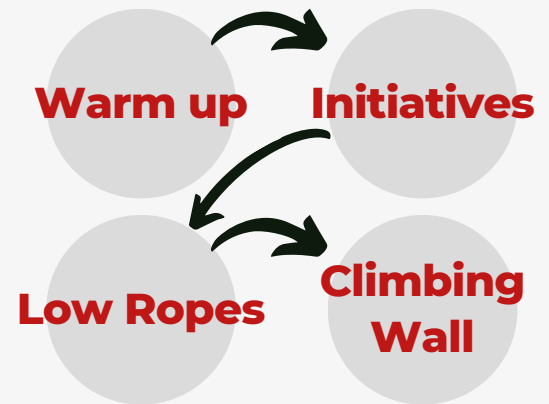
Program Description:

Students learn to overcome challenges individually, and as a team using our facilitated initiatives challenges, 9 Low-Ropes Elements, and 38' Climbing Wall.

Team challenges work on cooperation, communication and trust. This is accomplished through initiative puzzles, and low ropes elements such as our cable traverse where the students need to solve the puzzle and rely on one another in order to cross. Individual challenges involve focus, determination, and testing one's own abilities; stepping out of your comfort zone in a safe and supportive environment on our solo traverse and climbing wall.

Safety:

- A BIG priority for us
- We meet and exceed Association for Challenge Course Technology (ACCT) and OPHEA regulations and training standards
- Elements and equipment inspected daily by certified staff



LEARNING EXPECTATIONS: STUDENTS WILL...

Demonstrate personal and interpersonal skills and the use of critical and creative thinking processes as they acquire knowledge and skills.

Ontario Health Curriculum

Use adaptive, management, and coping skills to help them respond to various challenges they encounter as they participate in physical activities.

OHC 1.2

Use a range of critical and creative thinking skills and processes to assist them in making connections, planning and setting goals, analyzing and solving problems.

OHC 1.5

Apply analytical and problem-solving skills to identify and implement tactical solutions that will increase their chances of success.

OHC B2.2

\$25
/Student

Phys. Ed. Program

Program Description:

Camp is a very physically active place, what better place to learn how to stay in tune with our bodies than from an energetic team of camp leaders!

Students spend their day rotating between your chosen program areas in groups of 12-18 during their sessions times with an opportunity for an epic Big Group Game to get everyone involved at once!

Water Breaks are scheduled between each session to help keep everyone well rested and hydrated throughout this active day.

Our 38' Climbing Wall, and Archery Range may be hard to find in your school gym, we have specially trained staff who are excited to help your students be successful!

+\$2
/Student

If Climbing Wall is chosen the total cost is \$27/student. Additional trained staff provided!

Archery

Sports & Games

Big Group Game

Low Ropes

Climbing Wall

For Grades 2 & up

Choose 4 of the activities above



LEARNING EXPECTATIONS: STUDENTS WILL...

Participate in a wide variety of physical activities, demonstrating responsibility for their own safety and the safety of others as they participate.

Ontario Health Curriculum

Use adaptive, management, and coping skills to help them respond to various challenges they encounter as they participate in physical activities.

OHC 1.2

Perform locomotor and manipulation skills in combination in a variety of physical activities while responding to external stimuli.

OHC B1.2

Demonstrate an understanding of the components of a range of physical activities and apply this understanding as they participate in a wide variety of physical activities in a range of outdoor environments.

OHC 2.1

\$25
/Student

Outdoor Ed. Program

Program Description:

Immerse your students in the outdoors in our beautiful beach & forest learning environment.

Learn about lakes, fossils, and erosion on our guided beach-walk on Lake Huron. Or about our forest eco-system along our walking trails.

Learn survival skills like orienteering, shelter/fire building in Outdoor Living Skills and have fun at archery or a big game of Survival!



Enviro Ed.
Beach

Outdoor
Living Skills

Big Group
Game

Campfire

Enviro Ed.
Forest

Archery

Choose 4 of the activities above



LEARNING EXPECTATIONS: STUDENTS WILL...

Demonstrate an understanding of significant patterns in Earth's physical features and of some natural processes and human activities that create and change those features.

Ontario Geography Curriculum

Describe some key natural processes and human activities (e.g. Erosion, Glaciation, Mining)

OGC A3.2

Describe some key natural processes and human activities (e.g. Erosion of top soil, deforestation, invasive species)

OGC A3.10

Use compass points to provide direction

\$25
/Student

Mixed Program

Design your own trip! Choose 4 options for your class!

Archery

Ready, Aim, Loose! Practice focus and determination to hit your target.

Arts & Crafts

Let's get creative! Our nature inspired craft sessions are a great contrast in an active day!

Big Group Game

A classic camp game for everyone! (i.e. Capture the Flag, Survival, Satchel and the Sword etc.)

Campfire & Song

A great end to a day at camp! Feel free to bring your own marshmallows to roast!

Climbing Wall

Climb our 38' Wall, overcome personal challenges by setting achievable goals!

For Grades 2 & up. Climbing wall capacity 16 climbers/hour

+\$2
/Student

Environment Ed.

Walk the shoreline to learn about Lake Huron or spend time learning about a forest ecosystem!

Initiatives & Team-building

Become a stronger team through initiative challenges that build communication & trust.

Low Ropes & Team-building

Overcome balancing and obstacle challenges as a team on our 9 Low Ropes Elements!

Outdoor Living Skills

Learn orienteering, shelter building, how to build a fire, find water and survive in the wild!

Sports & Games

A camp twist on your favourite sports & games!

Sample Day Schedule

Arrival & Departure times can be easily shifted to accommodate your schedule

9:30	Arrival, Expectations, Bathrooms
9:45	Large Group Games & Group Split
10:15	Session 1
11:10	Water/Snack Break
11:25	Session 2
12:20	Lunch
12:50	Session 3
1:40	Water/Snack Break
1:50	Session 4
2:15	Closing Comments, Pack up, Bathrooms
2:30	Departure

Extended Day Sample Schedule

\$47
/Student

Extended Day Program

For Grades 6 & up | Minimum 2 classes required.

Program Description:

Get the full camp experience by extending your stay beyond school hours and finishing it off with a classic cook-out on the beach and closing campfire!

Students bring a packed lunch, we provide supper!

What's on the Menu?

Mac n' Cheese heated over the fire, fire roasted hot dogs ('veggie-dogs' available), fresh veg, chips, and marshmallows.

Design your own trip! Choose 5 options for your class!

Archery

Ready, Aim, Loose! Practice focus and determination to hit your target.

Arts & Crafts

Let's get creative! Our nature inspired craft sessions are a great contrast in an active day!

Climbing Wall

Climb our 38' Wall, overcome personal challenges by setting achievable goals!

Environment Ed.

Walk the shoreline to learn about Lake Huron or spend time learning about a forest ecosystem!

Initiatives & Team-building

Become a stronger team through initiative challenges that build communication & trust.

Low Ropes & Team-building

Overcome balancing and obstacle challenges as a team on our 9 Low Ropes Elements!

Outdoor Living Skills

Learn orienteering, shelter building, how to build a fire, find water and survive in the wild!

9:30	Arrival
9:45	Large Group Games
10:15	Session 1
11:05	Water/Snack Break
11:15	Session 2
12:05	Lunch
12:50	Session 3
1:40	Water/Snack Break
1:50	Session 4
2:40	Water Break
2:50	Session 5
3:40	Big Group Game
4:30	Cookout on the Beach
5:30	Closing Campfire with staff songs/skits
6:30	Departure

Helpful Information

Our team is prepared to inspire up to 3 classes from your school at once!

Cost: \$25/student (tax included!) +\$2/student if Climbing Wall is requested

Our programs run rain or shine, be ready to embrace the weather!

What we at Menesetung provide:

- Programming staff & facilities
- Liability Insurance
- Clean drinking water
- Portable First-Aid kits
- Emergency telephone

About our Team:

Our Spring staff are selected from returning staff members who have dedicated their summers to programming activities at Camp Menesetung. All staff have their Standard First Aid and CPR-C, and site-specific training on our low-ropes elements and climbing wall. We follow OPHEA requirements in our programming, including ensuring that we have staff with ACCT Level 1 at our adventure elements.



What your school needs to bring:

- Minimum 1 parent/volunteer /teacher/EA per 10 students (attend at no charge! No maximum!)
- Relevant health information for all students (to be accessible at the adventure elements - OPHEA regulation)
- Your students
- Optional marshmallows/s'mores ingredients if you chose campfire!
- A cheque for the total number of students attending

What your students need to bring:

- Hat & Sunscreen
- Water bottle
- Close-toed running shoes

(students without will not be able to participate at Archery, Low Ropes, or Climbing Wall.)

- Lunch + Snacks
- NOTE: For Climbing Wall/Low-Ropes, jewelry must be removed, long hair tied back, and no drawstrings, or dangly objects may be on the climber

Camp Menesetung

Reserve your Spot!

Spring field-trip bookings will open on November 20, 2024 on a first-come, first-serve basis.

Check our up-to-date availability on our website and complete our Online Booking Form. We will follow-up with confirmation and additional information to help make your trip a success!

**Questions?
Please contact us!**



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